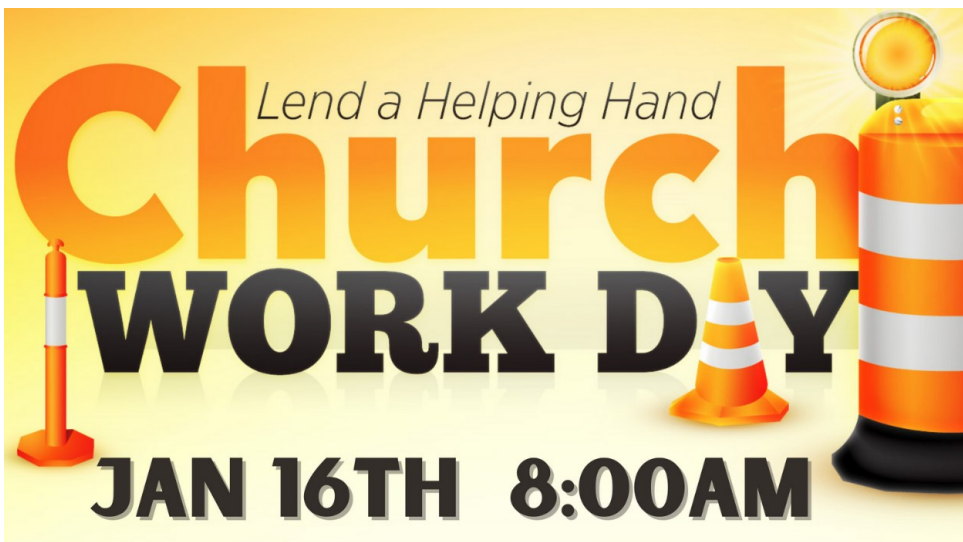


# Lend a Helping Hand

# Church

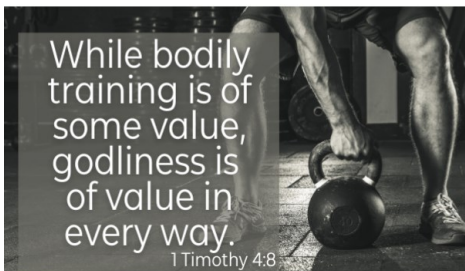
# WORK DAY

**JAN 16TH 8:00AM**



While bodily training is of some value, godliness is of value in every way.

1 Timothy 4:8



Please be sure that all activities on church grounds are added to the church calendar.

Not only does this avoid scheduling issues, it is also required by the insurance company.



**Volunteers Needed**

We are looking for volunteers to help with preparing cargo for missionaries. For more information, please call Harvest Aviation at (863)773-3082 or email Liz Perreault at liz.perreault@harvestaviation.org



## Mark Your Calendar

**JANUARY 13 @ 6:30PM**  
**BUSINESS MEETING**

**JANUARY 17 @ 5PM**  
**CHURCH COUNCIL MEETING**

**FEBRUARY 7 @ 11AM**  
**TROY BURNS FAMILY**



## CONTACT US

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Last Week's Tithes & Offerings

**\$10,014.04**

Budget Needs per Week: **\$8,242**

JANUARY 10, 2020

## Spiritual Training

1 Timothy 4:7-8

What are spiritual disciplines?

The \_\_\_\_\_ that help promote \_\_\_\_\_  
\_\_\_\_\_ in the life of the believer.

1. Spiritual \_\_\_\_\_ (1 Tim 4: 7-8, Heb 12:1)

2. The \_\_\_\_\_ of spiritual training

*"Discipline without direction is drudgery."*

~Donald Whitney

○ \_\_\_\_\_ is the goal of spiritual training.

What is godliness? (Gen 5:21-24, Heb 11:5)

○ Godliness is \_\_\_\_\_ with God and  
\_\_\_\_\_ Him.

*"Godliness is neither quickly or easily attained."*

~Robby Gallaty

*"This pursuit [of godliness] requires sustained, vigorous effort. It allows for no laziness, no half-hearted commitment. In short, it demands the highest priority in a Christian's life."*

~Jerry Bridges

Three change agents God uses to produce godliness:

1. \_\_\_\_\_
2. Circumstances
3. \_\_\_\_\_

3. The \_\_\_\_\_ of spiritual training (1 Tim 4:7-8)

**We must \_\_\_\_\_ spiritual disciplines  
for the \_\_\_\_\_ of godliness.**