

APRIL 24, 2020

# NEW HOPE BAPTIST CHURCH

WEEK 5 NEWSLETTER

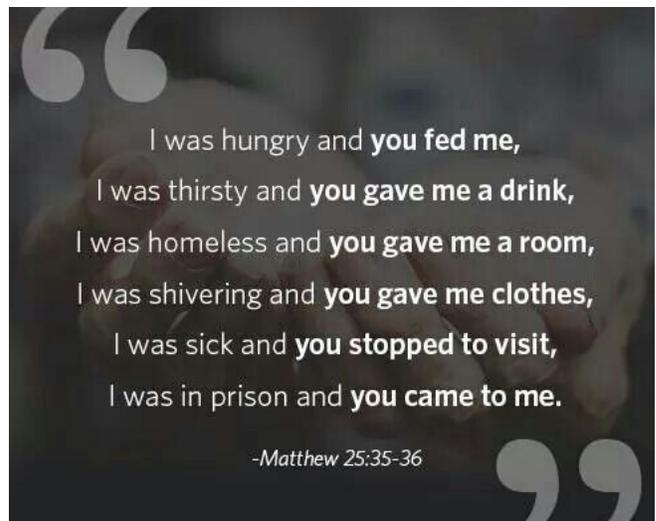
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## WORDS FROM DR. ROBERTS

In the struggles of a crisis, it's natural to think of self instead of others. Each one of us can vividly describe how the coronavirus pandemic has affected us personally. The pain discomfort, aggravation, and fear have left their marks on our lives in one way or another. This crisis has touched us individually, and if someone inquires, we can tell you how! In the midst of this it's easy to forget that others are struggling as much or more than we are.

When we focus on our pain and problems, it (1) increases our anxiety and fear; (2) keeps us from thinking of others who are hurting; (3) and generally isn't helpful or healthy. When we think of and help others, it (1) lowers anxiety and fear; (2) fills us with God's love; (3) and makes us more like Jesus. The Lord gives us direction in this matter in Matthew 25:35-36

Understanding that there are some things we can't do at this time, let's do for others what we can. (1) make a phone call. Someone needs your encouragement; (2) Meet a need. Someone needs your help; (3) Pray for someone by name today. They need the prayer and we need the practice. Don't just sit there in your discomfort! Do something for someone and God will be honored, and we will be blessed.



*Happy Birthday!*



APRIL 25  
MARLENE NICKERSON

APRIL 28  
SHANNYN ROBERTSON

APRIL 30  
JO SMITH



**APRIL 30**

*Dennis & Kay  
Crews*

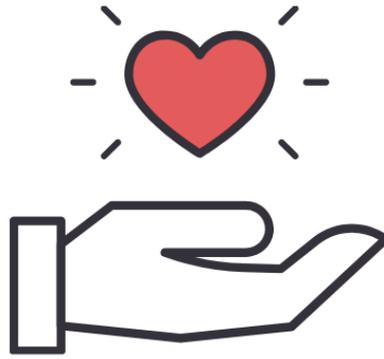
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WAUCHULA, FL

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webpage at [newhopewauchula.com](http://newhopewauchula.com) *OR*  
Find the link pinned to the top of our Facebook page



## KINDNESS FROM A DISTANCE

### **Donate to a food bank.**

In this time when unemployment is high, food banks need donations now more than ever.

### **Volunteer**

SCHOOLS - the schools are looking for people to help package and deliver food to students

HARDEE HELP CENTER - variety of tasks such as unloading food, delivering food, and elderly outreach

SENDME MISSIONS - remote administrative assistance. You can volunteer right from home!

### **Write a letter.**

Yep. An actual letter. Stamp and all.

### **Thank someone on the front lines.**

Buy dinner for a nurse. Get a gift card to give to your cashier at the grocery store.

### **Donate blood.**

"You can still go out and give blood. We're worried about potential blood shortages in the future. Social distancing does not have to mean social disengagement."

U.S. Surgeon General

### **Support local businesses.**

Order a meal for pickup. Buy a gift card to use later. See if that shop you love has a way for you to shop online.